

Mayor's Council on African American Elders

C/O – Aging and Disability Services, Seattle-King County
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Meeting Summary

August 19, 2011

Members Present – Gwendolyn Coates, Chair, Kameka Brown, Carolyn Johnson Davis, Karen Kent, Marti Lindeman, Michael Lusk, Helen Sikov

Members Excused: Cynthia Andrews, Rowena Rye, Jeannine Skinner

Staff – Janet Ceballos, Rosemary Cunningham, Karen Winston

I. King County Older African American Profile

Following up on members' request for data, Karen W. presented demographic information regarding older African Americans in King County. Following is a summary of what she presented:

- King County's 60 and older population will be almost 25% by 2025.
- People 85 years of age and older have already doubled and by 2025 it will double again.
- People of color comprise 19.0 % of the 60 and older King County population.
- There are 12,818 (4.1%) 60+ African Americans in King County.
- Approximately 17.2% older African Americans in King County live in poverty.
- Life expectancy from birth for older African Americans is 76.2 (73.6/Male; 78.8/Female)
- Disparities exist in disability rates within Native American, Hispanic/Latino, and Asian communities.
- Leading causes of death among 65+ African Americans are cancer, heart disease, Alzheimer's, diabetes, stroke and unintentional injury.

To obtain a copy of the Power Point presentation, contact karen.winston@seattle.gov.

II. Debriefing re the July 28th Candidates Forum

Members made the following comments about the July 28th Candidates Forum:

- Job well done!
- Some of the editorial questions were too long.
- Overall the program could have been tighter.
- The turnout was excellent. Better to have on a weekday rather than a weekend.
- The moderator was excellent.
- Next time we should expect a few words from the Community Champion Awardee.

In association with the Area Agency on Aging for Seattle-King County and sponsored by:

Co-sponsored by:



- We missed emphasizing what the MCAAE is about; it's mission and it's history; acknowledging members past and present; and how to get connected to the group.
- Next time MCAAE members should circulate and solicit questions from participants.
- Video should be posted on the MCAAE website and FB page.

III. **Committee Reports**

Nominations Committee - The Nominations Committee provided the following recommendations:

- 1) Revisit the Mission Statement
- 2) Revisit Article VII – Officers and Duties to determine:
 - a. How to transition new leadership in the event of a loss.
 - b. Should the term for the Chair be two years?
 - c. Are the Secretary and Treasurer positions really necessary?
 - d. Is 12 members too many since it is hard to sustain a full complement?
 - e. Why is the MCAAE bonded?

The committee also recommended filling the Vice Chair position vacated by Anthony Shoecraft. Members accepted the recommendation for Kameka Brown to fill the position for the remainder of the year.

The committee was asked to review the Bylaws and present a full recommendation in September for the 2012 slate.

Gwendolyn requested a separate meeting for members to work on revising the Bylaws. Karen W. was asked to schedule a conference call. Marti suggested a Go-To meeting.

Digital Communications Committee – Marti reviewed the MCAAE website and FB page. Some changes have been made to the website, but the committee is planning to develop more update recommendations.

Outreach & Education Committee – Michael reported that the Kinship Center located at the Central Area Senior Center is now open. Michael is planning to connect with the Kimberly Walker, Program Manager, to plan future support activities.

Grandparents Day – September 11, 2011 – Members concurred this year the goal will be to honor all grandparents instead of selecting one from each congregation. Certificates will be mailed to churches who respond to letter. Certificates will be provided to both Central and Southeast Senior Centers. Michael volunteered to deliver to Southeast Senior Center, Karen will mail the other to the Central Area Senior Center. Carolyn Johnson Davis volunteered to deliver to Mount Zion and Mt Calvary. Kameka also volunteered to assist as needed.

Clergy Workshop Planning Committee – Gwendolyn reported that she would like to move the date for the next Clergy Workshop to the second week in November. She is waiting for confirmation regarding the exact date.

- IV. MCAAE Bank Account** – Gwendolyn reported that she made a request to Bank of America to waive the \$11.00 monthly fee and is waiting for a response.

V. Announcements

African American Caregivers Forum

Saturday, October 22, 8:30 a.m. to 1:30 p.m.

DoubleTree Suites at Southcenter

Suggested Donation is \$20. Register now!

Keynote Speaker: Jeannine Skinner, Ph. D., UW Geriatric Neuropsychology Fellow

Free Caregiver Support Group

Where: Central Area Senior Center

500 – 30th Ave. So.

Seattle, WA 98144

206-726-4926

When: Starting September 12

Second Monday of each month

4 to 5 p.m.

The meeting was adjourned at 3:30 p.m. The next meeting is scheduled for September 16, 2011, in the SMT 60th Floor, Room 6048.